

Get the most out of your next appointment

Take this sheet with you to your next appointment.

What to understand before you go:

- Pneumococcal disease is one of the biggest health threats to people over 65. It can cause pneumonia, meningitis, and blood stream infections, and is a major cause of death in infants and older adults.
- The more severe form, invasive pneumococcal disease (IPD), mostly affects young children, adults 65 and older, and people with impaired immune systems or underlying health conditions (such as heart and lung disease or HIV).
- Pneumonia is the most common cause of pneumococcal death.
- Antibiotics may not be effective if you get pneumonia. In fact, pneumococcal infections are becoming more difficult to treat as bacteria become resistant to the most commonly used antibiotics.
- The pneumococcal vaccine can also prevent heart attacks caused by pneumonia.

What your doctor told you during the visit:

About your vaccine:

About any side effects to watch out for:

About when to return for a follow-up:

Your next appointment is on _____(day)_____(month)_____